

***Self-winding Watch**

The power of self-winding watch is generated from the mainspring in the movement through a disk-shaped rotor.

When the watch moves, the rotor will turn, which then wind the mainspring and then generate power to the watch. If your wrist did not move frequent enough, the mainspring could not generate sufficient power, the watch accuracy may deteriorate or stop completely.

To avoid this, we recommend you put on the watch for at least 8 to 10 hours a day.

When using it immediately after purchase or after the watch stops moving completely, please wind the crown (usually towards 12) manually for about 30 to 40 times to generate power for the watch. Although you may wind it unlimitedly, our recommended winding is 30 to 40 times each time.

***Hand-winding Watch**

The power of hand-winding watch comes from the mainspring which moves when the crown is wound manually.

Please wind the crown gently to the correct direction (usually towards 12) to the point you could hardly wind further. Do NOT over-wind the crown too tight, as this may damage the mainspring and thus the watch (this kind of damage is not covered under warranty).

We recommend you wind the crown once a day. A full wind usually generates enough power for the watch to last for 35 hours.

***Adjustment of Calendar**

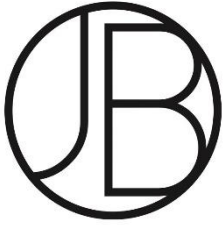
As written on the manual, for mechanical watch with calendar, there is a restriction on the time slot when calendar adjustment may be performed.

We generally recommend you NOT to change the calendar when the hour hand of the watch is between 20:00 to 03:00 as the calendar gear and time gear are engaging with each other at that time. Adjusting calendar at this time may cause damage to the watch.

***Water Resistance**

Activities Degree of Water Resistance	Daily use (sweating/ handwashing/ splashing)	Shower/ swimming/ surface water sports	Water-skiing/ snorkeling	Diving
Non-water resistant	x	x	x	x
3 bars/30M/100FT	✓	x	x	x
5 bars/50M/165FT	✓	x	x	x
10 bars/100M/330FT	✓	✓	✓	x
30 bars/300M/1000FT+	✓	✓	✓	✓

***Regardless of the water resistance level, if water gets into the inner part of watch, overhaul will be required, and this is not covered under warranty.**



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